

**Food For Thought – Farm to Table, Organic Hot Lunch
November 2021 menu**

Students full Name: _____ **Grade:** _____ **Special Diet:** _____

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Pasta Alfredo Salad or Fruit	Mediterranean Couscous Salad Surprise Dessert	Italian Zucchini Soup W/ Sweetwater Bakery Bread & Butter Salad	<u>Diwali</u> Chicken Tikka Masala W/Rice Salad	Chili (W/beef or Vegetarian) and Cornbread Salad Or Fruit
8	9	10	11	12
Spaghetti and Spaghetti Squash W/Creamy Garlic Sauce Surprise Dessert	Jambalaya W/Chicken or vegetarian Salad Or Fruit	Tuscan potato soup Sweetwater Bakery Bread & Butter Salad	Pierogies W/ Guest Chef Tara Boroson Salad or Fruit	Quesadillas Salad or Fruit
15	16	17	18	19
Baked Ziti Salad or Fruit	Stir Fry and Rice Surprise Dessert	Butternut soup Sweet Water Bakery Bread & Butter Salad	Twice Baked potatoes Salad or Fruit	Chicken or roasted veggies On mashed potato and gravy
22	23	24	25	26
No School	No School	No School	<u>Thanksgiving</u> No School	No School
29	30			
<u>Hanukkah</u> Spaghetti Marinara Salad or Fruit	Potato latkes W/ Yogurt, Maple Syrup, Apple Sauce and Salad (Like French toast, only better)			