

## Health and Safety Plan – COVID-19 Illness Monitoring Plan (Revised 9/5/2020)

Please note that all personal medical information needs to be treated confidentially and must not be disclosed to unauthorized people or organizations. KWS will make decisions regarding isolation, quarantine, contact tracing, and testing requirements in coordination with the Chester County Health Department. The protocols described below may change based on updated guidance by public health authorities. This guidance will supersede the protocols described below in case of conflict.

### Definitions

**Screening for COVID-19** means to evaluate if the following are present:

- A. One or more of the following:
    - Cough
    - Shortness of breath
    - Difficulty breathing
    - Lack of smell or taste (without congestion)
  
  - B. Two or more of the following:
    - Fever (T 100.4° F or greater)
    - Sore throat
    - Congestion or runny nose
    - Chills
    - Muscle pain
    - Fatigue
    - Headache
    - Nausea or vomiting
    - Diarrhea
  
  - C. Are you taking fever reducing medication (e.g. acetaminophen, ibuprofen or naproxen)? As long as there is no known or probable exposure to COVID-19, this does not apply if the medication is occasionally taken for chronically recurring pain (e.g. period cramps, known migraine or acute musculoskeletal injuries).
- **Screening positive** means that A, B, and/or C are met.
  - **Symptoms that may be associate with COVID-19** is defined as meeting criteria A and/or B.
  - **Close contact** is defined as being a household member or having been within 6 feet distance for at least 15 minutes of a confirmed COVID-19 case or to an individual with COVID-like symptoms without another diagnosis while the person was symptomatic and/or 48 hours before symptom onset or having direct contact with infectious secretions of the person in question (e.g., being coughed on). If the individual was asymptomatic at the time they were diagnosed with COVID-19, this time frame begins 2 days after the positive individual's own exposure or, if the individual's date of exposure cannot be determined, 48 hours prior to the time of collection of the positive test.

## **Screening**

- All students and staff will be screened/screen themselves for COVID-19 symptoms at the beginning of the day prior to coming to school. Students will be screened by parents at home before school each day and staff will screen themselves at home before school each day. The school will check each student's temperature daily upon arrival. Medically fragile and high-risk students and the staff assigned to those classrooms should have a thorough symptom screening done at school daily, in addition to the symptom screening required prior to arriving at school. If screening is positive, student or staff will stay at home and notify the school office. If a student or staff appears ill at school, she/ he will be brought to a separate room and be screened/screen themselves for COVID-19 symptoms. If screening is positive, students will be picked up by their parents/guardians as soon as possible, staff will return home and the office will be notified.
- 911 will be called if the situation of the ill person requires it (including but not limited to trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face).
- The school office will monitor absences of students and staff.
- Please see sections below for further related steps.

## **Staying Home when Appropriate**

- Students and staff need to stay home when one or more of the following apply to them:
  - Having tested positive for COVID-19
  - Having screened positive for COVID-19
  - Having had close contact with a person with COVID-19 within the last 14 days
  - Having traveled to areas with travel restrictions as identified by the PA Department of Health or Centers for Disease Control and Prevention (CDC)
- The school office must be immediately notified when the listed criteria are met.

## **Testing for COVID-19 when Screening Positive**

- Students or staff who screen positive for COVID-19 are strongly encouraged to consult with their primary care physician and/or get tested.
- Any positive test of students or staff shall be immediately communicated to the school office. KWS will communicate with the Chester County Health Department as required.

## **Confirmed case of COVID-19**

- We expect the Chester County Health Department (or other health department, if applicable) to contact a student or staff person with COVID-19, inform close contacts of their possible exposure, and give instructions to those involved, including siblings and other household members, regarding self-quarantine and exclusions. The individual who tested positive will not be identified in communications from the health department to the school community at large but may need to be selectively identified for contact tracing by the health department. Any positive test result for current/active COVID-19 shall be immediately communicated to the school office.

- All parents/guardians and staff of the school will be notified of positive test results at KWS; no personally identifying information about the person who tested positive will be provided for reasons of confidentiality.
- Contact tracing is expected to be done through the Chester County Health Department. KWS will collaborate as required with the Health Department to identify people who had close contact with the person who tested positive. These people will be advised about this contact, follow the points of “Staying Home when Appropriate” and should be considered possibly exposed.
- If the person is present on school property when the school is notified of the positive case information, the person should immediately, but discreetly, be taken to an isolation space for pick up (if student) or asked to return home (if staff).
- The public rooms used by the person with COVID-19 shall be closed off and cleaned and disinfected. If at all possible, cleaning and disinfection should happen at least 24 hours after last use of the person with COVID-19. Cleaners should wear protective gear (face mask, face shield, and gloves). If seven days have passed since the sick individual was in the affected area, cleaning is not needed.

### **Return to School**

- Staff and students with symptoms that may be associated with COVID-19 should seek medical attention for further evaluation and instructions before returning to school, as indicated.
- **Staff and students, who are not currently a close contact or quarantined, presenting with symptoms that may be associated with COVID-19** may return to school when one of the following applies:
  - Symptomatic individual does not contact their health care provider or receive a test: exclude from school for 10 days from symptom onset AND must be afebrile (if fever present) without using fever-reducing medicines for 24 hours AND respiratory symptoms improving.
  - Symptomatic individual clinically cleared by primary medical provider (documentation is required): exclude until afebrile for 24 hours (if fever present) without using fever-reducing medicines AND symptoms improving.
  - Symptomatic individual with negative COVID-19 test: exclude until afebrile for 24 hours (if fever present) without using fever-reducing medicines AND improved respiratory symptoms.
- **Staff and students with symptoms that may be associated with COVID-19 who have had close contact to a person with COVID-19** will be considered probable cases. Individual should be tested for COVID-19. These individuals may return to school when one of the following is met:
  - Symptomatic individual is not tested: exclude 14 days after last date of exposure to person with COVID-19 AND symptoms have resolved.
  - If test result is negative: return to school 14 days after last exposure to the person with COVID-19 AND symptoms have resolved.
  - If test result is positive: exclude from school 10 days after symptoms first appeared AND afebrile for 24 hours (if fever present) without using fever-reducing medicines AND improving symptoms.
  - Individuals awaiting test results will be excluded from school.
- **Staff and students with symptoms who tested positive for COVID-19** may return to school 10 days after symptoms first appeared AND afebrile for 24 hours (if fever present) without using fever-reducing medicines AND improving symptoms.

- **Staff and students who tested positive for COVID-19 who have not had any symptoms** may return 10 days after the test was collected.
- **Staff and students who are quarantined following close contact with someone with COVID-19 who remain asymptomatic** may not return to school until cleared to do so by the health department, usually 14 days after exposure. A negative test obtained prior to the end of quarantine does not clear an individual for return. The entire quarantine period must be completed.
- **Staff and students who have traveled to areas with travel restrictions** will need to quarantine for 14 days upon return to PA from travel, with or without a COVID-19 test.

**Procedures for a student exhibiting Covid-19 symptoms:**

- If a student exhibits or reports any of the COVID-19 symptoms, the teacher will contact the designated staff member for illness monitoring. The parent/guardian will be called to come and pick the student with a referral to contact their child's primary medical provider.
- The teacher will have the student maintain social distance until the designated staff member arrives.
- The staff member will have on a mask as well as a face shield and goggles (to ensure protection of the mouth, nose, and eyes) and gloves before approaching the student.
- The student will need to keep their mask on unless they are having trouble breathing or at risk for becoming unconscious and/or unable to remove the mask without assistance.
- The staff member will also bring along a trash bag to hold any belongings that need to go home.
- The staff member will take the student and their belongings to the sick room.
- Once there, the student's temperature will be taken.
- The staff member will remain with the student until the parent/guardian arrives, preferably maintaining a distance of at least 6 feet. The student will never be left unattended.
- Once the student leaves, the staff member will be responsible for notifying housekeeping the rooms needs to be cleaned and disinfected. The area will be closed off until this takes place. It is preferable to wait 24 hours before disinfecting and cleaning the room or if that is not possible, waiting as long as possible.

